

HYLLYTYSKÄ  
(Finland)

Finnish polka with a special polka step; cpl dance from east Finland.

Pronunciation: HYL-ly-tsy-ta (y = French "eu")

Record: Suomen Nuorison Liitto, side A, band 4. 2/4 meter.

Formation: Any number of cpls in a circle. Open ballroom pos with outside hands in a fist on hips.

Steps: Hop, polka, stop-waltz

meas

Pattern

1 meas INTRODUCTION.

FIGURE I.

1-8 Do 16 skips fwd in the circle. On step 16, the W crosses to a pos in front of her ptr, facing him in waltz pos.

9-16 Eight stop-waltz steps in LOD, not turning.

17-24 Eight stop-waltz steps in LOD, turning CW as a cpl four times, in waltz pos.

FIGURE II.

1-8 As a cpl, hands joined, 16 skips in LOD, the W going bkwd and the M fwd.

9-16 Inside hands joined, outside hands on hips, as a cpl, eight polka steps in LOD, the joined hands swinging bkwd and fwd.

17-24 Waltz pos, eight polka steps in LOD turning CW as a cpl.

FIGURE III.

1-8 R hands joined, M L hand on his hip, W L hand holding her skirt, 16 skips in LOD with the W turning CW under the M's raised R arm. (Four turns.)

9-16 Repeat action of meas 1-8 (Figure III), but the M turns under the W's raised R arm. Use eight polka steps instead of skips.

17-24 Repeat action of meas 17-24 (Figure II).

The record has enough music for one time through the dance.

Presented by Susanna Daley